

Although the supermarkets are doing well the small local shops will need help if they're to get through these difficult days. Many are offering home deliveries so here's some phone numbers in case you need something:

- The Cannon Inn – takeaway food and drink or local delivery – phone 01395 568266 or text 07884 008191
- Woolbrook News Delivery Service (incl household groceries, Vinnicombes bread and Winchesters fruit and veg - ring 01395 514224 before 11am for same day delivery Monday - Saturday (£1.25)
- The Market Place Sidmouth (fruit, veg and fish) - ring 01395 577342
- Spar Delivery Service (Temple Street, Sidmouth) - ring 01395 513008 9am to 4pm (service available every day)
- Drews of Sidbury Delivery Service - ring 01395 597373
- Temple Street Pet shop (pet & bird food) - ring 01395 512056
- The Dairy Shop Sidmouth (household groceries) - ring 01395 513018
- Kings Garden & Leisure - ring 01395 262278 for free local home deliveries (farm shop produce, pet supplies, plants etc.)
- The Courtyard, Sidmouth - ring 01395 577553 for delivery of hot & cold food + extra items (small delivery charge)
- Ian Winchester & Sons - ring or text 07791 586197 or email ianwinchesterandsons@gmail.com for delivery services of fresh fruit and vegetables and other items
- Royal York & Faulkner Hotel - Freshly prepared meals with free home delivery throughout the Sid-Valley area. Call Freephone 0800 220714 for further details.

If you can go out for your shopping, the food shops in Sidmouth are open and practicing social distancing and even closer is Newton Poppleford Post Office.